

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Coachinfo: Warming up from: 07:45 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vanmeerbeek Rob

Coaches: Tampieri Matteo HEADCOACH

Coaches: Limme Rajan

Coaches: Mous Anke

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:2, starttime: 09:00
Heat: 2/27 Lane : 1 Athlete: VANDENSANDE CLARA			Q-time: 01:33:52
PB (50m pool): 01:33.52 Molenbeek 01/02/2026			PB (25m pool): 01:34.72 SB: 01:33.52 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:33.52	
	no time		
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:2, starttime: 09:00
Heat: 2/27 Lane : 5 Athlete: ASSAM ELOISE			Q-time: 01:32:00
PB (50m pool): 01:31.73 Antwerpen 15/03/2026			PB (25m pool): 01:32.26 SB: 01:31.73 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:44.32	01:31.73	
	00:44.32	00:47.41	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:3, starttime: 09:05
Heat: 3/27 Lane : 8 Athlete: VANDENSANDE LUCÍA			Q-time: 01:29:87
PB (50m pool): 01:29.87 Molenbeek 01/02/2026			PB (25m pool): 01:30.58 SB: 01:29.87 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:29.87	
	no time		
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:4, starttime: 09:05
Heat: 4/27 Lane : 7 Athlete: DE RYCK HANNE			Q-time: 01:25:25
PB (50m pool): 01:25.25 Wezenberg 04/01/2026			PB (25m pool): 01:25.48 SB: 01:25.25 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:39.54	01:25.25	
	00:39.54	00:45.71	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:5, starttime: 09:10
Heat: 5/27 Lane : 5 Athlete: BOBEVA DARA			Q-time: 01:22:12
PB (50m pool): 01:19.25 Antwerpen 15/03/2026			PB (25m pool): 01:19.53 SB: 01:19.25 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:37.46	01:19.25	
	00:37.46	00:41.79	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:6, starttime: 09:10
Heat: 6/27 Lane : 3 Athlete: VAN HOUDT SEOANE LISA			Q-time: 01:21:31
PB (50m pool): 01:18.14 Antwerpen 15/03/2026			PB (25m pool): 01:25.51 SB: 01:18.14 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:38.25	01:18.14	
	00:38.25	00:39.89	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:6, starttime: 09:10
Heat: 6/27 Lane : 9 Athlete: SIMONS HANNA			Q-time: 01:21:95
PB (50m pool): 01:16.22 Antwerpen 15/03/2026			PB (25m pool): 01:21.95 SB: 01:16.22 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.41	01:16.22	
	00:36.41	00:39.81	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:7, starttime: 09:10
Heat: 7/27 Lane : 5 Athlete: SOARES ALMEIDA LISA			Q-time: 01:18:65
PB (50m pool): 01:18.65 Antwerp 02/02/2025			PB (25m pool): 01:14.51 SB: no time
	5 0 M	1 0 0 M	
PB	00:37.88	01:18.65	
	00:37.88	00:40.77	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:8, starttime: 09:15
Heat: 8/27 Lane : 3 Athlete: VAN BEGIN SARAH			Q-time: 01:17:37
PB (50m pool): 01:17.37 Molenbeek 01/02/2026			PB (25m pool): 01:12.88 SB: 01:17.37 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:17.37	
	no time		
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:10, starttime: 09:20
Heat: 10/27 Lane : 1 Athlete: TYAGI YASHWINI			Q-time: 01:15:21
PB (50m pool): 01:15.21 Olympic Pool Wezenberg, Antwer 29/03/2025			PB (25m pool): 01:15.25 SB: 01:15.21 Olympic Pool Wezenberg, Antwer 29/03/2025
	5 0 M	1 0 0 M	
PB	00:35.82	01:15.21	
	00:35.82	00:39.39	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:11, starttime: 09:20
Heat: 11/27 Lane : 3 Athlete: SOARES ALMEIDA ANNA			Q-time: 01:13:51
PB (50m pool): 01:14.77 Molenbeek 01/02/2026			PB (25m pool): 01:13.51 SB: 01:14.77 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:14.77	
	no time		
			

Coach feedback:

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Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:12, starttime: 09:20
Heat: 12/27 Lane : 5 Athlete: DE VOCHT FLORE			Q-time: 01:12:52
PB (50m pool): 01:14.65 Olympic Pool Wezenberg, Antwer 29/03/2026			PB (25m pool): 01:12.52 SB: 01:14.65 Olympic Pool Wezenberg, Antwer 29/03/2026
	5 0 M	1 0 0 M	
PB	00:36.16	01:14.65	
	00:36.16	00:38.49	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:14, starttime: 09:25
Heat: 14/27 Lane : 6 Athlete: VANHEULE LÉA			Q-time: 01:11:41
PB (50m pool): 01:12.13 Antwerpen 15/03/2026			PB (25m pool): 01:11.41 SB: 01:12.13 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:34.14	01:12.13	
	00:34.14	00:37.99	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:15, starttime: 09:25
Heat: 15/27 Lane : 9 Athlete: GADEYNE OLIVIA			Q-time: 01:10:91
PB (50m pool): 01:10.91 Wezenberg 04/01/2026			PB (25m pool): 01:09.65 SB: 01:10.91 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:34.81	01:10.91	
	00:34.81	00:36.10	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:16, starttime: 09:30
Heat: 16/27 Lane : 9 Athlete: ANTIPINA ALEXANDRA			Q-time: 01:09:67
PB (50m pool): 01:09.58 Antwerpen 08/03/2026			PB (25m pool): 01:09.59 SB: 01:09.58 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:33.47	01:09.58	
	00:33.47	00:36.11	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:18, starttime: 09:30
Heat: 18/27 Lane : 2 Athlete: PEERSMAN MALIN			Q-time: 01:07:90
PB (50m pool): 01:07.43 Antwerpen 08/03/2026			PB (25m pool): 01:07.72 SB: 01:07.43 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:32.89	01:07.43	
	00:32.89	00:34.54	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:20, starttime: 09:35
Heat: 20/27 Lane : 0 Athlete: BURSSENS EMMA			Q-time: 01:06:16
PB (50m pool): 01:08.11 Antwerpen 13/07/2025			PB (25m pool): 01:06.16 SB: 01:08.13 Olympic Pool Wezenberg, Antwer 29
	5 0 M	1 0 0 M	
PB	00:32.44	01:08.11	
	00:32.44	00:35.67	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:21, starttime: 09:35
Heat: 21/27 Lane : 1 Athlete: VAN HOOFF FLOOR			Q-time: 01:05:05
PB (50m pool): 01:05.26 Zwembad Brigitte Becue Oostend 10/05/2025			PB (25m pool): 01:03.69 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:05.26	
	no time		
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:21, starttime: 09:35
Heat: 21/27 Lane : 4 Athlete: THYS LENA			Q-time: 01:04:88
PB (50m pool): 01:04.44 Eindhoven 22/03/2026			PB (25m pool): 01:02.44 SB: 01:04.44 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	
PB	00:31.52	01:04.44	
	00:31.52	00:32.92	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:23, starttime: 09:40
Heat: 23/27 Lane : 1 Athlete: GINKELS FEBE			Q-time: 01:03:67
PB (50m pool): 01:05.17 Wezenberg 04/01/2026			PB (25m pool): 01:03.67 SB: 01:05.17 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:31.55	01:05.17	
	00:31.55	00:33.62	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:23, starttime: 09:40
Heat: 23/27 Lane : 2 Athlete: WATELLE NONA			Q-time: 01:03:52
PB (50m pool): 01:03.64 Olympic Pool Wezenberg, Antwer 29/03/2025			PB (25m pool): 01:03.52 SB: 01:03.64 Olympic Pool Wezenberg, Antwer 29/03/2025
	5 0 M	1 0 0 M	
PB	00:30.59	01:03.64	
	00:30.59	00:33.05	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:24, starttime: 09:40
Heat: 24/27 Lane : 5 Athlete: TEIRLINCK LOUISE			Q-time: 01:02:64
PB (50m pool): 01:03.88 Antwerp 28/01/2024			PB (25m pool): 01:02.64 SB: 01:04.40 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:03.88	
	no time		
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:26, starttime: 09:45
Heat: 26/27 Lane : 5 Athlete: ADELMANN CLARA CENXI			Q-time: 00:58:75
PB (50m pool): 00:59.34 Antwerp 09/02/2025			PB (25m pool): 00:58.75 SB: 00:59.76 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:28.66	00:59.34	
	00:28.66	00:30.68	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:4, starttime: 09:55
Heat: 4/24 Lane : 0 Athlete: ARUSTAMYAN ARTHUR			Q-time: 01:57:47
PB (50m pool): 02:03.39 Molenbeek 01/02/2026			PB (25m pool): 01:57.47 SB: 02:03.39 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	02:03.39	
	no time		
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:7, starttime: 10:00
Heat: 7/24 Lane : 5 Athlete: DERAEMAECKER LANDER			Q-time: 01:38:76
PB (50m pool): 01:38.76 Wezenberg 04/01/2026			PB (25m pool): 01:48.56 SB: 01:38.76 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:48.07	01:38.76	
	00:48.07	00:50.69	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:9, starttime: 10:05
Heat: 9/24 Lane : 6 Athlete: DERAEMAECKER MATHIAS			Q-time: 01:35:66
PB (50m pool): 01:35.66 Wezenberg 04/01/2026			PB (25m pool): 01:35.38 SB: 01:35.66 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:45.00	01:35.66	
	00:45.00	00:50.66	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:12, starttime: 10:15
Heat: 12/24 Lane : 6 Athlete: RATIU THOMAS			Q-time: 01:28:94
PB (50m pool): 01:28.21 Antwerpen 08/03/2026			PB (25m pool): 01:28.64 SB: 01:28.21 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:42.24	01:28.21	
	00:42.24	00:45.97	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:13, starttime: 10:15
Heat: 13/24 Lane : 1 Athlete: ROOMAN ALEXIS			Q-time: 01:26:96
PB (50m pool): 01:26.81 Antwerpen 08/03/2026			PB (25m pool): 01:26.96 SB: 01:26.81 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:41.76	01:26.81	
	00:41.76	00:45.05	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:14, starttime: 10:15
Heat: 14/24 Lane : 5 Athlete: GINKELS ROBBE			Q-time: 01:24:79
PB (50m pool): 01:24.95 Antwerpen 08/03/2026			PB (25m pool): 01:24.79 SB: 01:24.95 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:40.54	01:24.95	
	00:40.54	00:44.41	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:14, starttime: 10:15
Heat: 14/24 Lane : 8 Athlete: LAPEIRRE TIEBEN			Q-time: 01:26:00
PB (50m pool): 01:28.46 Olympic Pool Wezenberg, Antwer 29/03/2026			PB (25m pool): 01:26.00 SB: 01:28.46 Olympic Pool Wezenberg, Antwer 29/03/2026
	5 0 M	1 0 0 M	
PB	00:41.98	01:28.46	
	00:41.98	00:46.48	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:16, starttime: 10:20
Heat: 16/24 Lane : 8 Athlete: VERNIMMEN NICHOLAS			Q-time: 01:23:59
PB (50m pool): 01:24.49 Wezenberg 04/01/2026			PB (25m pool): 01:21.68 SB: 01:24.49 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:40.21	01:24.49	
	00:40.21	00:44.28	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:17, starttime: 10:25
Heat: 17/24 Lane : 9 Athlete: SOMEI THIBAUT			Q-time: 01:22:02
PB (50m pool): 01:24.85 Olympic Pool Wezenberg, Antwer 29/03/26			PB (25m pool): 01:22.02 SB: 01:24.85 Olympic Pool Wezenberg, Antwer 29/03/26
	5 0 M	1 0 0 M	
PB	00:37.78	01:24.85	
	00:37.78	00:47.07	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:18, starttime: 10:25
Heat: 18/24 Lane : 7 Athlete: ZOUHRI AMIR			Q-time: 01:20:19
PB (50m pool): 01:20.19 Gent 08/02/2026			PB (25m pool): 01:21.28 SB: 01:20.19 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:37.28	01:20.19	
	00:37.28	00:42.91	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:19, starttime: 10:25
Heat: 19/24 Lane : 1 Athlete: MEREMANS MATHYS			Q-time: 01:19:01
PB (50m pool): 01:19.01 Gent 08/02/2026			PB (25m pool): 01:26.66 SB: 01:19.01 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:37.26	01:19.01	
	00:37.26	00:41.75	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:20, starttime: 10:30
Heat: 20/24 Lane : 2 Athlete: RATIU MATHEO			Q-time: 01:17:27
PB (50m pool): 01:15.25 Antwerpen 08/03/2026			PB (25m pool): 01:14.13 SB: 01:15.25 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:34.93	01:15.25	
	00:34.93	00:40.32	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:20, starttime: 10:30
Heat: 20/24 Lane : 6 Athlete: ROOMAN EGON			Q-time: 01:17:00
PB (50m pool): 01:16.31 Antwerpen 15/03/2026			PB (25m pool): 01:12.55 SB: 01:16.31 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:35.98	01:16.31	
	00:35.98	00:40.33	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:21, starttime: 10:30
Heat: 21/24 Lane : 4 Athlete: SLOOTMAEKERS MATTEO			Q-time: 01:15:07
PB (50m pool): 01:17.75 Eindhoven 22/03/2026			PB (25m pool): 01:14.49 SB: 01:17.75 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	
PB	00:36.50	01:17.75	
	00:36.50	00:41.25	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:22, starttime: 10:30
Heat: 22/24 Lane : 0 Athlete: BOBEV BOYAN			Q-time: 01:14:68
PB (50m pool): 01:15.34 Eindhoven 22/03/2026			PB (25m pool): 01:14.68 SB: 01:15.34 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	
PB	00:34.32	01:15.34	
	00:34.32	00:41.02	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:23, starttime: 10:35
Heat: 23/24 Lane : 4 Athlete: VAN HOOFF DAAN			Q-time: 01:05:82
PB (50m pool): 01:10.99 Antwerpen 22/03/2026			PB (25m pool): 01:05.82 SB: 01:10.99 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:33.07	01:10.99	
	00:33.07	00:37.92	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:3, starttime: 10:55
Heat: 3/25 Lane : 1 Athlete: VANDENSANDE CLARA			Q-time: 01:47:86
PB (50m pool): 01:47.86 Molenbeek 01/02/2026			PB (25m pool): 01:50.70 SB: 01:47.86 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:47.86	
	no time		
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:3, starttime: 10:55
Heat: 3/25 Lane : 5 Athlete: VANDENSANDE LUCÍA			Q-time: 01:43:19
PB (50m pool): 01:43.19 Molenbeek 01/02/2026			PB (25m pool): 01:44.90 SB: 01:43.19 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:43.19	
	no time		
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:3, starttime: 10:55
Heat: 3/25 Lane : 6 Athlete: ASSAM ELOISE			Q-time: 01:43:55
PB (50m pool): 01:39.77 Antwerpen 15/03/2026			PB (25m pool): 01:43.55 SB: 01:39.77 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:47.97	01:39.77	
	00:47.97	00:51.80	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:4, starttime: 11:00
Heat: 4/25 Lane : 3 Athlete: SIMONS HANNA			Q-time: 01:39:08
PB (50m pool): 01:30.72 Antwerpen 15/03/2026			PB (25m pool): 01:39.08 SB: 01:30.72 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:44.81	01:30.72	
	00:44.81	00:45.91	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:6, starttime: 11:05
Heat: 6/25 Lane : 2 Athlete: VAN HOUDT SEOANE LISA			Q-time: 01:34:74
PB (50m pool): 01:29.34 Antwerpen 15/03/2026			PB (25m pool): 01:34.74 SB: 01:29.34 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:45.02	01:29.34	
	00:45.02	00:44.32	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:6, starttime: 11:05
Heat: 6/25 Lane : 7 Athlete: DE RYCK HANNE			Q-time: 01:34:92
PB (50m pool): 01:38.23 Wezenberg 04/01/2026			PB (25m pool): 01:34.92 SB: 01:38.23 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:48.52	01:38.23	
	00:48.52	00:49.71	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:7, starttime: 11:05
Heat: 7/25 Lane : 3 Athlete: BOBEVA DARA			Q-time: 01:32:17
PB (50m pool): 01:34.53 Antwerpen 15/03/2026			PB (25m pool): 01:32.17 SB: 01:34.53 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:45.92	01:34.53	
	00:45.92	00:48.61	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:10, starttime: 11:10
Heat: 10/25 Lane : 5 Athlete: TYAGI YASHWINI			Q-time: 01:27:10
PB (50m pool): 01:27.87 Wezenberg 04/01/2026			PB (25m pool): 01:27.10 SB: 01:27.87 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:42.90	01:27.87	
	00:42.90	00:44.97	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:12, starttime: 11:15
Heat: 12/25 Lane : 2 Athlete: DE VOCHT FLORE			Q-time: 01:24:69
PB (50m pool): 01:25.87 Antwerpen 08/03/2026			PB (25m pool): 01:24.69 SB: 01:25.87 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:42.42	01:25.87	
	00:42.42	00:43.45	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:12, starttime: 11:15
Heat: 12/25 Lane : 4 Athlete: SOARES ALMEIDA ANNA			Q-time: 01:23:73
PB (50m pool): 01:24.68 Antwerpen 20/07/2025			PB (25m pool): 01:23.73 SB: 01:25.41 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	00:41.78	01:24.68	
	00:41.78	00:42.90	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:13, starttime: 11:20
Heat: 13/25 Lane : 3 Athlete: VAN BEGIN SARAH			Q-time: 01:23:38
PB (50m pool): 01:22.37 Antwerpen 15/03/2026			PB (25m pool): 01:23.38 SB: 01:22.37 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:41.40	01:22.37	
	00:41.40	00:40.97	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:14, starttime: 11:20
Heat: 14/25 Lane : 8 Athlete: GADEYNE OLIVIA			Q-time: 01:23:07
PB (50m pool): 01:25.90 Wezenberg 04/01/2026			PB (25m pool): 01:22.56 SB: 01:25.90 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:42.06	01:25.90	
	00:42.06	00:43.84	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:16, starttime: 11:25
Heat: 16/25 Lane : 2 Athlete: VANHEULE LÉA			Q-time: 01:19:92
PB (50m pool): 01:22.92 Wezenberg 04/01/2026			PB (25m pool): 01:19.92 SB: 01:22.92 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:40.57	01:22.92	
	00:40.57	00:42.35	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:19, starttime: 11:30
Heat: 19/25 Lane : 1 Athlete: GINKELS FEBE			Q-time: 01:16:99
PB (50m pool): 01:18.42 Olympic Pool Wezenberg, Antwer 29/03/26			PB (25m pool): 01:16.99 SB: 01:18.42 Olympic Pool Wezenberg, Antwer 29/03/26
	5 0 M	1 0 0 M	
PB	00:37.94	01:18.42	
	00:37.94	00:40.48	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:19, starttime: 11:30
Heat: 19/25 Lane : 4 Athlete: PEERSMAN MALIN			Q-time: 01:16:33
PB (50m pool): 01:18.68 Antwerpen 08/03/2026			PB (25m pool): 01:16.33 SB: 01:18.68 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:38.56	01:18.68	
	00:38.56	00:40.12	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:19, starttime: 11:30
Heat: 19/25 Lane : 8 Athlete: ANTIPINA ALEXANDRA			Q-time: 01:17:06
PB (50m pool): 01:19.45 Antwerpen 08/03/2026			PB (25m pool): 01:17.06 SB: 01:19.45 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:38.02	01:19.45	
	00:38.02	00:41.43	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:20, starttime: 11:30
Heat: 20/25 Lane : 4 Athlete: VAN HOOFF FLOOR			Q-time: 01:15:28
PB (50m pool): 01:16.32 Antwerpen 28/07/2024			PB (25m pool): 01:13.01 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:16.32	
	no time		
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:20, starttime: 11:30
Heat: 20/25 Lane : 5 Athlete: BURSSSENS EMMA			Q-time: 01:15:37
PB (50m pool): 01:19.88 Antwerpen 13/07/2025			PB (25m pool): 01:15.37 SB: 01:20.88 Olympic Pool Wezenberg, Antwer 29/03/26
	5 0 M	1 0 0 M	
PB	00:38.61	01:19.88	
	00:38.61	00:41.27	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:20, starttime: 11:30
Heat: 20/25 Lane : 9 Athlete: THYS LENA			Q-time: 01:16:20
PB (50m pool): 01:16.20 Wezenberg 03/01/2026			PB (25m pool): 01:16.22 SB: 01:16.20 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:36.62	01:16.20	
	00:36.62	00:39.58	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:24, starttime: 11:40
Heat: 24/25 Lane : 8 Athlete: WATELLE NONA			Q-time: 01:11:40
PB (50m pool): 01:12.44 Olympic Pool Wezenberg, Antwer 29/03/26			PB (25m pool): 01:11.40 SB: 01:12.44 Olympic Pool Wezenberg, Antwer 29/03/26
	5 0 M	1 0 0 M	
PB	00:34.93	01:12.44	
	00:34.93	00:37.51	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:24, starttime: 11:40
Heat: 24/25 Lane : 9 Athlete: TEIRLINCK LOUISE			Q-time: 01:12:46
PB (50m pool): 01:15.82 Antwerpen 29/01/2023			PB (25m pool): 01:12.46 SB: 01:17.45 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:15.82	
	no time		
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:3, starttime: 11:45
Heat: 3/22 Lane : 9 Athlete: ARUSTAMYAN ARTHUR			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:5, starttime: 11:50
Heat: 5/22 Lane : 5 Athlete: DERAEMAECKER LANDER			Q-time: 01:34:00
PB (50m pool): 01:34.00 Wezenberg 04/01/2026			PB (25m pool): 01:35.83 SB: 01:34.00 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:42.00	01:34.00	
	00:42.00	00:52.00	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:10, starttime: 12:00
Heat: 10/22 Lane : 0 Athlete: VERNIMMEN NICHOLAS			Q-time: 01:21:91
PB (50m pool): 01:23.90 Wezenberg 04/01/2026			PB (25m pool): 01:21.91 SB: 01:23.90 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:37.90	01:23.90	
	00:37.90	00:46.00	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:11, starttime: 12:05
Heat: 11/22 Lane : 0 Athlete: SLOOTMAEKERS MATTEO			Q-time: 01:18:56
PB (50m pool): 01:20.81 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:18.56 SB: no time			
	5 0 M	1 0 0 M	
PB	00:35.99	01:20.81	
	00:35.99	00:44.82	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:12, starttime: 12:05
Heat: 12/22 Lane : 1 Athlete: ROOMAN ALEXIS			Q-time: 01:16:28
PB (50m pool): 01:16.66 Antwerpen 20/07/2025 PB (25m pool): 01:15.73 SB: 01:17.30 Molenbeek 01/02/2026			
	5 0 M	1 0 0 M	
PB	00:36.37	01:16.66	
	00:36.37	00:40.29	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:12, starttime: 12:05
Heat: 12/22 Lane : 5 Athlete: DERAEMAECKER MATHIAS			Q-time: 01:15:62
PB (50m pool): 01:13.19 Antwerpen 15/03/2026 PB (25m pool): 01:15.62 SB: 01:13.19 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:34.27	01:13.19	
	00:34.27	00:38.92	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:12, starttime: 12:05
Heat: 12/22 Lane : 7 Athlete: ROOMAN HUGUES			Q-time: 01:16:19
PB (50m pool): 01:16.19 Molenbeek 01/02/2026 PB (25m pool): 01:13.47 SB: 01:16.19 Molenbeek 01/02/2026			
	5 0 M	1 0 0 M	
PB	no time	01:16.19	
	no time		
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:13, starttime: 12:05
Heat: 13/22 Lane : 0 Athlete: LAPEIRRE TIEBEN			Q-time: 01:15:18
PB (50m pool): 01:21.19 Antwerpen 13/07/2025			PB (25m pool): 01:15.18 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.73	01:21.19	
	00:36.73	00:44.46	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:13, starttime: 12:05
Heat: 13/22 Lane : 6 Athlete: RATIU THOMAS			Q-time: 01:13:73
PB (50m pool): 01:14.03 Olympic Pool Wezenberg, Antwer 29/03/25			PB (25m pool): 01:13.73 SB: 01:14.03 Olympic Pool Wezenberg, Antwer 29/03/25
	5 0 M	1 0 0 M	
PB	00:34.31	01:14.03	
	00:34.31	00:39.72	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:14, starttime: 12:10
Heat: 14/22 Lane : 1 Athlete: SOMEI THIBAUT			Q-time: 01:12:02
PB (50m pool): 01:09.97 Olympic Pool Wezenberg, Antwer 29/03/25			PB (25m pool): 01:10.53 SB: 01:09.97 Olympic Pool Wezenberg, Antwer 29/03/25
	5 0 M	1 0 0 M	
PB	00:32.58	01:09.97	
	00:32.58	00:37.39	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:14, starttime: 12:10
Heat: 14/22 Lane : 8 Athlete: GINKELS ROBBE			Q-time: 01:12:21
PB (50m pool): 01:13.55 Wezenberg 04/01/2026			PB (25m pool): 01:12.21 SB: 01:13.55 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:34.78	01:13.55	
	00:34.78	00:38.77	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:16, starttime: 12:10
Heat: 16/22 Lane : 0 Athlete: MEREMANS MATHYS			Q-time: 01:09:02
PB (50m pool): 01:09.97 Gent 08/02/2026			PB (25m pool): 01:09.02 SB: 01:09.97 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:31.18	01:09.97	
	00:31.18	00:38.79	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:16, starttime: 12:10
Heat: 16/22 Lane : 4 Athlete: DIERICK OSCAR			Q-time: 01:07:96
PB (50m pool): 01:06.80 Olympic Pool Wezenberg, Antwer 29/03/25			PB (25m pool): 01:07.96 SB: 01:06.80 Olympic Pool Wezenberg, Antwer 29/03/25
	5 0 M	1 0 0 M	
PB	00:30.25	01:06.80	
	00:30.25	00:36.55	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:16, starttime: 12:10
Heat: 16/22 Lane : 5 Athlete: ROOMAN EGON			Q-time: 01:07:99
PB (50m pool): 01:12.30 Antwerpen 13/07/2025			PB (25m pool): 01:07.99 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.43	01:12.30	
	00:33.43	00:38.87	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:17, starttime: 12:15
Heat: 17/22 Lane : 9 Athlete: RATIU MATHEO			Q-time: 01:07:75
PB (50m pool): 01:05.89 Antwerpen 08/03/2026			PB (25m pool): 01:07.75 SB: 01:05.89 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:30.32	01:05.89	
	00:30.32	00:35.57	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:18, starttime: 12:15
Heat: 18/22 Lane : 2 Athlete: BOBEV BOYAN			Q-time: 01:04:97
PB (50m pool): 01:08.28 Antwerpen 13/07/2025			PB (25m pool): 01:04.97 SB: 01:09.80 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:30.59	01:08.28	
	00:30.59	00:37.69	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:19, starttime: 12:15
Heat: 19/22 Lane : 8 Athlete: VAN NOOTEN VIC			Q-time: 01:04:46
PB (50m pool): 01:02.61 Eindhoven 22/03/2026			PB (25m pool): 01:04.46 SB: 01:02.61 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	
PB	00:28.74	01:02.61	
	00:28.74	00:33.87	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:20, starttime: 12:20
Heat: 20/22 Lane : 5 Athlete: BERLAMONT DAAN			Q-time: 00:58:89
PB (50m pool): 00:58.74 Antwerpen 08/03/2026			PB (25m pool): 00:58.92 SB: 00:58.74 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:27.30	00:58.74	
	00:27.30	00:31.44	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:22, starttime: 12:20
Heat: 22/22 Lane : 3 Athlete: VAN HOOFF DAAN			Q-time: 00:59:22
PB (50m pool): 01:01.56 Antwerpen 27/07/2025			PB (25m pool): 00:58.22 SB: no time
	5 0 M	1 0 0 M	
PB	00:28.54	01:01.56	
	00:28.54	00:33.02	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: LAQUA

Event number: 21: 100M BUTTERFLY MEN 11+		Heat:22, starttime: 12:20	
Heat: 22/22 Lane : 9 Athlete: ZOUHRI AMIR			Q-time: 01:03:32
PB (50m pool): 01:06.80 Gent 08/02/2026		PB (25m pool): 01:03.32 SB: 01:06.80 Gent 08/02/2026	
	5 0 M	1 0 0 M	
PB	00:30.58	01:06.80	
	00:30.58	00:36.22	
			

Coach feedback: